

## NEWSLETTER: MARCH 2017

February was an extremely emotional time for all of us I think but for me it was really quite magical and self-affirming. I received so many messages from the Universe not all positive, but in the end it all came down to me realizing how lucky I was, and how many people who mattered to me deeply, really did love me! The path I was working with in my Tree of Life workshop series with my students was Beth, the path of the Magician, shown here from Ciro Marchetti's beautiful "Tarot of Dreams", the deck I always read with for my clients. It focuses on building a structure or body around our self, suitable to contain our evolving spiritual being. This consisting of our ego and personal belief system as well as our physical body. I have started to move towards a low-carbohydrate "Keto" type diet, following in the steps of a couple of my C\*I\*A Agent friends who were having success with this approach. I have been a bit on and off with it but have managed to lose the couple of kilos I put back on over Christmas. Its been great to enjoy foods like eggs, bacon, cheese and avocado which I had always restricted in the past due to their high fat and kilojoule contents. I also bit the bullet and had a one-on-one swimming lesson with the new Super Swim school at Input Fitness where I do my aqua aerobics sessions during the week. I was lucky enough to be instructed by Amanda who runs the school and she taught me how to breathe properly swimming freestyle, when I have swum since a child holding my head up out of the water. She also got me kicking properly so now I actually go somewhere when we have to kick our legs with no arm movement in aqua! All this in one 30 minute lesson! Of course I am needing lots of practice to perfect the swimming and get used to having water alternate going through my mouth and nose instead of air! On the same day I had a go at a full on yoga class and discovered although I have never been very flexible I could do a lot more than I expected to! We have the opportunity to do Yoga each morning at the dolphin retreat I am doing in July with Kaypacha, and I wanted to prepare to participate in that. It wasn't lost on me that this is all about breathing and next month's final workshop in my Kaballah series is Aleph the Fool which represents "A breath of fresh air"! Isn't synchronicity awesome! I am starting a new series of workshops on the Tree of Life on the first Saturday afternoon of each month beginning in May (May 3), going back to the beginning with the structure of the Tree and the Sephiroth. Let me know if you are interested it will go for eleven months, excluding January. I was asked to make the keynote speech at the Memorial Day held by the Victorian Astrology Association to remember Roderick Kidston during the month. It was a lovely day very sad, as so many people loved Roderick in Victoria and looked forward to his annual lectures. I felt very humble and honoured to talk about the wonderful body of work he has left behind and what a wonderful mentor Roderick was to me in my own work with asteroids, he was such a generous soul and will be greatly missed. Of course I willingly gave up the spot for my scheduled lecture "Does Size Really Matter", but as synchronicity would have it yet again, Jessica Adams was forced to stay overseas and couldn't give her talk in March, so it just got moved forward a month. I have dedicated my video for the C\*I\*A membership program this month to Roderick as well, featuring his favourite asteroid "Iris" Goddess of the Rainbow and the Intuitive or Illuminated intelligence. Her archetype is the feminine messenger for the Gods often used by Zeus instead of Hermes, because she could only speak the truth.



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# MARCH EVENT CALENDAR

## FESTIVALS I WILL BE EXHIBITING and READING AT:

Melbourne Psychic Expo, Sunday March 5 10.00am - 5.00pm  
Cranbourne Racecourse, Grant Rd, Cranbourne

Melbourne Psychic Expo, Saturday & Sunday March 11/12 10.00am - 5.00pm  
Italian Australian Sporting Club, 499-501 Princes Drive, Morwell

Psychic & Wellbeing Expos, Sunday March 19 10.00am - 5.00pm  
West Waters Hotel & Entertainment Centre, 10-20 Lake St, Caroline Springs

Melbourne Psychic Expo, Sunday March 26 10.00am - 5.00pm  
Cardinia Community Centre, Lakeside Boulevarde, Pakenham

## GENERAL EVENTS

### CIA Get Smart Grp 2—Fri April 7 "Retrograde Planets & You" 7.30– 9.30 pm

Seaford Community Centre, Station St Seaford : Pay at the door \$20  
Agent 66 Sara Gilbert + Agent 29 Deborah Wallish James

### VAA Astrology Sat March 18 – "Does Size Matter" - Sara Gilbert

South Melbourne Community Ctr, Crn Park St & Ferrars Pl, South Melbourne 2-5 pm

## COURSES FOR 2017

### Tarot in the Context of the Universe - Starting **Wednesday April 26 2017**

10 weeks at \$50 per week from 7.00 pm to 9.00pm

Also available by correspondence or arrangement

### Basic Numerology - Starting **Thursday April 27 2017**

7 weeks at \$50 per week from 7.00 pm to 9.00 pm

Available by correspondence or arrangement

### Advanced Numerology - Starting **Thursday June 15 2017**

6 weeks at \$50 per week from 7.00 pm to 9.00 pm

Available by correspondence or arrangement

### Hand Analysis/Palmistry - Practical Combination of Ancient and Modern Wisdom Systems

12 weeks at \$75 per week from 7.00 pm to 9.00 pm

Also Available by Correspondence

### Year 1/ Year 2 /Year 3 Astrology Course - Available by correspondence or arrangement

39 weeks at \$40 per week

## WORKSHOPS FOR 2017

### **Paths on the Tree of Life** (monthly workshops 4th Saturday)

From 1.30pm –3.30pm \$75 per session

Saturday March 25 2016 — Path 11 The Fool : A breath of fresh air!

**Finding Your Life Purpose** – Saturday May 13 2017, from 10 am to 5 pm, \$150

**Goddesses in Modern Women** – Saturday April 29 2017, from 10 am to 5 pm, \$150

### **The Mystical Kaballah** (eleven monthly workshops 1st Saturday starting May 6 2017)

From 1.30pm –3.30pm \$75 per session

Detailed Brochures are available to download at <http://www.lifespirtconnections.com.au>



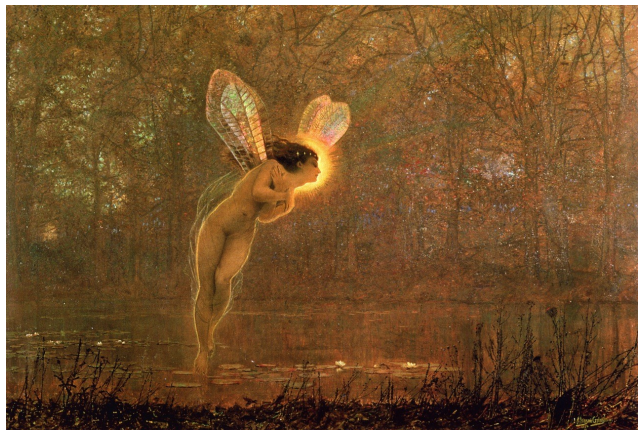
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## RESEARCH ON MYSTICAL ASTEROIDS

Many asteroids have been named after characters from myth, including Greek and Egyptian Gods, Goddesses and individuals associated with healing, oracular practice and magic. The research I am working on studies the mythical archetypes associated with a selection of these bodies and researches their impact when included in the natal charts of around 200 present and historical individuals involved in oracular practice, magic, healing and astrology. I have validated my findings through studying a control group of scientists, rationalists and astronomers who reject the validity of working with spirit or any method which lacks physical, cause and effect validation. I am now at the stage of completing my analysis and have to decide how to communicate my findings, which I hope to finalize soon. I am also working with aligning the same Goddess archetypes to "gift markings" in the hand, which also can be related to intuitive abilities. I am happy to report that I am getting my focus back together on my asteroids and mythology through the preparation I went through for my Sydney talk, the planning for my myth workshop last March and the research for my monthly videos on the intuitive minor planets for the CIA Collective Membership. I also have scheduled a regular series of mythology workshops on the last weekend of each month beginning in April. The first will be a full day workshop on Sunday 30 April "The Goddess Within" based on the work of Jennifer and Roger Woolger. This will be followed by a Saturday monthly two hour session on the Mythology of mythical individuals from the series of intuitive asteroids I work with.

## ARCHETYPE OF THE MONTH: IRIS

Iris was the messenger of the female Goddesses, Hera in particular. She was used in a similar way to Hermes, but often didn't appear to be heeded, just as it is common to ignore the intuitive mind and search for rational answers to a dilemma! In the same way as the original deities were formed by unions between the wind and the sea or the sky, so Iris was Goddess of the Rainbow, the product of the Sun and rain, what happens when you try to integrate incompatible elements! She was actually the child



of Thaumas a marine god and Elektra a cloud nymph, sea and sky. This was where the Greeks saw the rainbow most, living on the coast. They believed she replenished the rain clouds from the sea water. Her name means both rainbow and to join. So she was sent to conciliate through her messages from heaven. One difference between Iris and Hermes was that Iris could only tell the truth. This why when especially important messages need to be sent, Zeus used her instead of Hermes. He sent her to tell Demeter that the Earth was dying and needed her to return, but Demeter didn't heed her. Homer mentions Iris as carrying a message to Zeus in the Illiad". But other cases she was better known for carrying important messages and warnings for Hera. Iris may have been married to Zepherus, the North Wind and mother to Eos. She is usually pictured as a beautiful young woman with golden wings and a herald's rod.

*"Iris reflects the ability to use the right side of the brain, the intuition or gut feel, which is often more predominant in females."*



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