

Registration form

Name:

Address:

..... Pcode:

Tel: Mobile:

Email:

Date of Birth: Time of Birth:.....

Location of Birth:

Full Name at Birth:

.....

Sara can provide a Rectification Service to determine an accurate time of birth before the course begins at a cost of \$90, if this is unknown. Please ask for a Rectification Questionnaire at time of enrolment should you require this to be done

Fee Structure

Total workshop cost \$150

Enrolment Fee of \$50 with the remaining \$100 payable on the day

Payment by Cash or Credit Card

or

Direct Deposit to Life Spirit Connections

BSB: 033 179 Account: 214316

Sara Gilbert

Sara Gilbert has consolidated a childhood love of stories from Greek and Roman mythology, into astrological research and practice with intuitive asteroid archetypes that associate back to myth from many cultures. A psychological astrologer with an evolutionary focus, Sara consults and teaches through Life Spirit Connections, near Frankston, in Victoria. She holds the FAA (Federation of Australian Astrologers) Diploma, APA (Association of Professional Astrologers) membership and Level Two Apprentice status with Steven Forrest in Evolutionary Astrology, which focuses on the Moon's Nodes and the influence of Past Lives in determining our Purpose in this incarnation. Her astrology courses focus on the FAA syllabus.



Sara's special gift is helping people decode the patterns in their lives, so they feel comfortable in their own skin. She is able to draw on wisdom from multi-faceted esoteric systems: astrology, tarot, tree of life, numerology and palmistry/hand analysis which enables a richer understanding, as each tool reinforces life design through a slightly different lens. Sara has run workshops and presented for astrology associations around Australia, including Victoria, Newcastle, Tasmania, South Australia, Brisbane and the Gold Coast. She has developed a strong following for her daily astrology posts on facebook and the CIA website, also having articles published by the TGA Magician, the VAA Horizons and the FAA Journal. At present Sara is concentrating on developing her own mythical oracle deck and writing a book based on her research into mythological asteroid archetypes and hand analysis markings.

Myth, Labyrinths & Life



Presented by
Sara Gilbert

Saturday

10.00 am—5.00 pm



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Workshop outline

Carl Jung maintained that in addition to a personal unconscious, all human beings had a common or “collective unconscious” which contained all the myths, fairy tales, symbols and symbolic systems such as the Tree of Life. This explains how symbolic stories or myths with the same theme occur over different cultures and different continents. He claimed that the human psyche underwent growth or “individuation” through symbols we experience during dreams, one of the mechanisms the unconscious is able to use to communicate with the conscious mind. When we undertake study of symbols consciously, as a means of spiritual development, then the Universe understands we wish to fast track the process and provides us with experiences and synchronicities that enable us to gain more understanding of what is happening all around us.

Particular myths or mythical individuals seem to speak to us or we are drawn to undertake pilgrimages to mythical sites for a reason. Our spiritual guides tend to find us rather than the other way around.



Sara will describe her journey so far in connecting with the myths that guide her and will share her experiences from the places she has found them in, through her pilgrimages to Glastonbury, Egypt and Greece.

The myths we will be exploring include those around **Isis, Osiris, Nephthys** and **Horus**, as we travel along the Nile around Philae, Abydos, Kom Ombo and Edfu. Visits to Karnak and Saqqara bring into play the great healers in **Sekhmet** and **Imhotep**.

Sara's first experience with Greece involved a trip to Delphi and the temple of **Apollo** and his **Pythias**, in the snow in 1978. She returned 37 years later on to be treated with a torrential thunderstorm by Zeus, complete with forks of lightning! Sara toured the Greek Islands extensively thus time, having magical experiences in Corfu at the Achilleion, a palace and gardens dedicated to **Achilles**. It also honored the Nine Muses from whom **Urania** the Muse of Astrology & Astronomy holds a special interest. The island of Delos, birthplace of **Apollo** was another item from her bucket list, which had to be visited by boat in the daytime, as no one is allowed to die or be born there.

The unplanned discovery was following the story of **Atlantis**, throughout her adventures and trail of synchronicities in Santorini, with the prehistoric village of Akotiri, and the Minoan cities of Knossos and Phaistos on Crete. Sara thought she was gathering information for a close friend, until she recognized a massive feeling of “deja vu goose bumps” and realized she was there for herself! This involved researching of the Bull myths around **Ariadne** and the Minotaur, with the goddess energy of **Astarte or Ishtar**, dating back to Mesopotamian wisdom systems.

Sara had an early connection to **Hekate** through a painting that found her. and to Hekate's mother **Asteria** through a Spirit Guide drawing from 2013. She was delighted to find herself visiting Hekate's Sanctuary at the approach to the Acropolis, on the day of the Dark Moon, when Hekate's suppers were left out for her. Sara had time to return later on, alone with an offering of nuts. Eleusis, where the story involving Demeter and Persephone, (in which Hekate played a role), was reenacted every year as a part of a Mystery Cult, also provided some special memories, with monuments featuring Hekate's two torch symbol.

The final connection from her journey came at Trophonius where the pools of Lethe (forgetting) and **Mnemosyne** (remembering) meet. Here Sara found a special connection to the cave and pool she knew belonged to Mnemosyne Mother to the Muses.

Sara had been fascinated by labyrinths since spending time near Glastonbury Tor in 2010, walking in and out of the natural labyrinth formed there around the crossed ley lines under the Tor itself. Since then she has walked many labyrinths, which culminated with travelling to Paris and Chartres prior to Greece to walk the Christian labyrinth in Chartres Cathedral, another item from her bucket list. Interestingly this proved to be just a pre-cursor to discovering her connection to the Cretan labyrinth, which she now has tattooed on her left shoulder



What this workshop will lay out for you:

- The myths associated with the named individuals
- Images representing them and photographs of the sites that were visited to connect with them
- How they work for Sara based on the position of their asteroids in her natal chart
- Identification of where they are situated in your natal chart
- Labyrinths, what are they and how they have been used by pilgrims through the ages
- Labyrinths as a symbol, the connection between labyrinths, the golden ratio and whorls on the fingerprints or as hand markings