

Palmistry Services

Prices

Palmistry Reading	\$100 for 30 min
Palmistry Reading With Hand Analysis	\$150 for one hour Includes recorded CD & palm prints
Combination Reading Palmistry/Tarot Numerology	\$150 for one hour Includes recorded CD & palm prints
Life Purpose Reading Nodes + Hands + Kabbalah Paths	\$125 for 45 min includes recorded CD
Life Purpose Workshop	\$150 Full Day
Palmistry Workshop	\$150 Full Day

Sara comments:

"Palmistry is such a wonderful ice breaker for introducing spiritual abilities. When you say you work with tarot or astrology, many people are wary or sceptical. But mention that you read palms and you are instantly inundated with hands! I learned the art by accident and was amazed at the depth brought by adding it to my esoteric tool box. For those who "feel", it has the added advantage of the insight gained through the connection in holding a hand".

Sara Gilbert

Sara Gilbert is a Professional Member of the Tarot Guild of Australia who practices through her business Life Spirit Connections in Carrum Downs, near Frankston. She is also a member of the Association of Professional Astrologers and holds the Practitioners Diploma in Astrology from the Federation of Australian Astrologers. She has a special interest in Evolutionary Astrology and holds Level 2 Apprentice status with Steven Forrest in this field, which focuses on the Moon's Nodes and Past Lives.



Sara has consolidated a childhood love of tales from Greek and Roman mythology, into working with a selection of asteroids named after her favourite characters, in particular those with a magical or oracular overtone. A pilgrimage to the Egyptian temples with Demetra George in 2010, broadened this focus. She is in the process of developing a thesis around the impact of these asteroids in the charts of individuals involved in using their intuition through "magical" practices such as tarot, astrology, mediumship, wicca, and spiritual healing.

Sara decodes the unique emotional patterns in your life, enabling you to become at home inside yourself and find your special place in the world. She is able to draw on wisdom from multi-faceted knowledge of esoteric systems: astrology, tarot, myth, goddess energy, the tree of life, numerology, palmistry and hand analysis. This enables a richer understanding, as each tool reinforces your life design through a slightly different lens. Sara can work with you through private consultation or a series of courses and workshops. She regularly reads at festivals, parties, ladies nights & corporate events, working in most states throughout Australia.

Like Sara's facebook page to receive daily updates on the energy from the star connections in the sky

<https://www.facebook.com/lifespirtconnections>

LEARN MORE ABOUT:

Palmistry & Hand Analysis



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What is Palmistry?

Palmistry can be traced back to early Greek medical practices and is well referenced in the Bible. It was an essential component in the ancient doctor or healer's tool kit.

Every 1,000th second, countless nerve impulses from the brain connect with the muscles of our hands in a constant flexing, too fast for the eye to pick up. The web of nerves ends in hands & feet is 14 times that of our face, creating facial expressions & speech. This constant interplay leaves creases, lines and mount growth as traces in the hands.

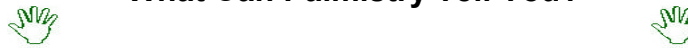
Conscious thoughts & unconscious beliefs, directly influenced by our higher self, are projected through our brain, so create the road map in our palms. Our desires, hopes & attitudes can all be seen there; they reflect our character and personality.

Constant thoughts become fine lines that strengthen or weaken as thoughts and beliefs adapt and change. Carl Jung, on whose work much of modern psychology is based, believed that palmistry had the potential to unlock the secrets buried deep within the unconscious. He used it to confidently to predict potential issues for his clients, returning to the ancient belief structures around healing.

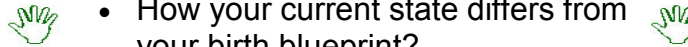
Palmistry is not predictive out into the future as commonly portrayed in movies. As we can't see how your mind will have developed by then, there is no way we can see how long you are likely to live for.



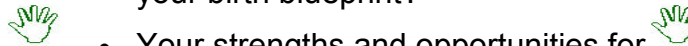
What Can Palmistry Tell You?



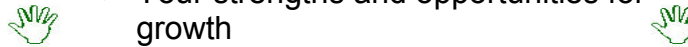
- How your current state differs from your birth blueprint?



- Your strengths and opportunities for growth



- Balance between mental and emotional processes



- Your health profile & zest for life



- How you express your creativity?



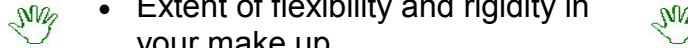
- Extent of flexibility and rigidity in your make up



- Balance of mental, social and intuitive energies



- How is your career likely to play out?



- Leadership and teaching ability



- Relationships and children



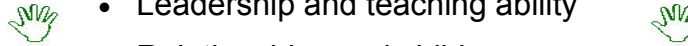
- Have you had support or guidance with you since childhood?



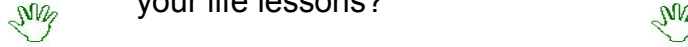
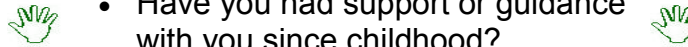
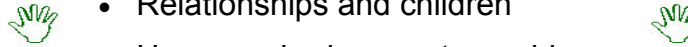
- Psychic and healing ability



- How will you live out later life?



- What is your life purpose, what have you mastered and what are your life lessons?



Hand Analysis

Unlike the lines in our hands, our fingerprints and the dermatoglyphics, or ridged patterns in our palms, remain unchanged throughout our life. They are unique in their composition to each person, which is why they have been used for identification and criminal investigation for many decades in the modern world. As such they form our birth potential in the form of our purpose through life and the lessons we need to work on in order to bring this into fruition. Richard Ungar US author of "Life Prints" has researched this area extensively and developed a remarkable and extremely accurate body of knowledge based on interpreting this component of palmistry which has become known as "Hand Analysis". I have incorporated his findings into my work since I first began to practice palmistry and find the insights it brings to be invaluable in helping clients to reach their full potential, and understand what issues they need to work on in order to feel complete. It is an invaluable component of the workshops I have been running on Finding Your Life Purpose for many years.

Another more recent component of hand analysis is "gift markings" which indicate potential for mastery in certain specialised areas of life. These markings develop over time and can disappear if the ability is not embraced. They connect perfectly with certain mythical archetypes or goddess energies and work in synchronicity with the asteroid archetypes I am researching and working with in my astrology consultations. My integrated knowledge of mythology and palmistry is enabling me to extend this area beyond the 18 markings identified by the US contingent.