

Registration form

Name: _____

Address: _____

_____ Pcode _____

Tel: _____ Mobile: _____

Email: _____

Fee Structure

Total workshop cost \$130

Enrolment Fee of \$30 with the remaining \$100
payable on the day

Payment by Cash or Credit Card at Sacred Mist
or

Direct Deposit to Life Spirit Connections
BSB: 033 179 Account: 214316

At the end of the day students will have the
understanding required to deliver a basic
Palmistry Reading.

The workshops provides each student with a
comprehensive folder of colour notes
including the configurations and meanings
covered on the day

Students need to provide their own lunch

Sara Gilbert

Sara Gilbert is a Professional member of the Tarot Guild of Australia based in Frankston. She is also a member of the Association of Professional Astrologers and holds the Practitioners Diploma in Astrology from the Federation of Australian Astrologers. Sara has been practicing and teaching Palmistry since completing a certificate course at Visionary Spiritual College in 2006. In the course of conducting hundreds of Palmistry readings during this time, she has added much of her own intuitive knowledge to the basis she started out with. Sara includes the hands of famous people, along with those of the students, to bring greater depth to the training experience.



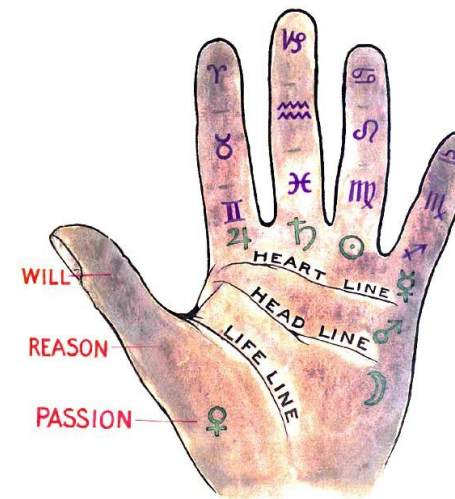
Sara regularly reads at festivals and corporate events, she teaches and conducts a variety of services at "Mystical Dragon" in Seaford and "The Guardian Angel Family Wellbeing Centre" at Bayswater, in addition to her own consultancy "Life Spirit Connections" in Carrum Downs.

She teaches and consults in many modalities such as Western Astrology, Numerology, Chinese Astrology Tarot & the Kaballah Tree of Life, as well as Palmistry.

Sara is passionate about the use of myth and colour in her materials, liking to appeal to as many of the senses as possible to get her meanings through. She also offers tuition by correspondence and on-line to spread her knowledge to a wider audience.

Details at www.lifespiritconnections.com.au .

"In the Palm



of Your Hands"

Basics of Palmistry

with

Sara Gilbert

Saturday June 30th 2012

10.00am—5.00pm



67 Glenferrie Road, Malvern Vic 3144
03 9500 8220

www.sacredmist.com.au

Part One

The Major Lines of the Hand

Life, Head and Heart — The Physical Make-Up, Intellect and Emotional Tendencies

First we will learn about the concepts behind Palmistry and how the three main lines on the hand have an influence on the way we use our energies.

The **Life Line** and its relationship to the **Head Line** tells us much about the way we related to our home environment as a child and how independently we reach out to the wide world as we grow older. It also provides information about our physical make up, any major changes to the physical component of our lifestyle, our health, but not the length of our life on this Earth.

The **Head Line** gives indications about the way we process information, the different parts of our intellect we are likely to favor and whether we are open to becoming depressed in some circumstances.

The **Heart Line** doesn't suggest how many relationships we are likely to have per se, rather it informs the way in which we approach love and intimacy. It also shows the depth of our emotions and the history from childhood in the way of emotional upsets.

The positioning of these lines on the hand, along with their comparative depths and the markings that are associated with them can provide a wealth of information around the person's character and upbringing.

No hand looks exactly like the pictures we are presented with in theory, so we learn how to use our intuition and experience in assessing the placements and validating our interpretations.

Part Two

The Mounds and the Fingers

The Planetary Energies that Flow Through Our Fingertips!

Next we will focus on the foundations that the lines flow within.

We will learn about the different zones on the hand and the planetary Gods and Goddesses or archetypes that are associated with their energy. We will look at how thick or padded these **Mounds** are and whether they have lines or markings going through them.

The mounds act as an energy source to the **Fingers** and we will develop understanding around how they interact together.

We will discover the meaning behind each finger and how it this corresponds to the archetype it is named after.

We will look at how to interpret the shape of the fingers, the spacing between them and their comparative lengths. How the individual holds them naturally, whether they curve forward or bend in towards each other.

We will learn how the tips of the fingers act as receptors for energy, how their make up enables the energy to flow.

We will assess the balance between the various segments in the fingers and the markings they contain.

Finally we will look at the **Thumb** which determines the individual's will and reasoning abilities.

There will be ample opportunities to learn from each other's hands and practice how to blend together what we have learned so far.

Day Three

The Minor Lines, Shape of the Hand & Nails

The Way in which the Energies at Our Disposal are Used

Finally we examine the structure of the hand itself, along with the myriad of minor lines that provide supplementary information about the more complex aspects of the individual's character.

We examine the **Elemental Hand**, its shape in comparison to the length of the fingers. Does it suggest Fire, Earth, Air, Water or a combination of these?

We look at the hand's characteristics, **Skin** tone and colour, is it hard or padded, moist or dry? All these attributes contribute to an overall feel for the person.

What about the shape of the **Nails** and their colour?

Then we move on to the lines which radiate down the hand from the fingers. **The Mercury Line** which suggests health and healing, along with the Healing Stigmata. **The Sun Line** which indicates creative ability and good fortune. **The Fate Line** which radiates up the hand towards Saturn and the markings on Jupiter like the **Teacher's Square**.

We get to those all important **Relationship Lines** between the Mercury Finger and the Heart Line on the Percussion side of the hand. We find out where the **Blarney Mark** is, which tells us the person will never be destitute and we learn about the **Mystic Cross** and other indicators of psychic ability.

To pull it all together in conclusion, we learn how to "**Structure a Palmistry Reading**", a series of steps to follow to ensure that we remember to cover most of the myriad of points we have learned over the three workshop days!